



Black Diamond Fitness

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GoFit - Flat Band Kit

Price per Unit (piece): \$19.99



Product Details

The GoFit Flat Band Kit consists of 3 flat latex bands and includes a clip for attaching and shortening the bands. Excellent tool for working your lower body, including your thighs, glutes, hips and calves.

Resistance rating:

Light (Red - 5lb.)

Medium (Blue - 10lb.)

Heavy (Green - 15lb)

[Vendor Information](#)